

THE WORD AND THE IMPRESSIONS

The Consciousness sleeps in our larynx, we are unconscious of the words. We need to become totally conscious of the word.

There are times when to speak is a transgression, there are times when to keep silent also is a transgression.

It is said that "the silent is gold". We say that there are criminal silences. It is as bad to speak when one has to be silent as to be silent when is necessary to speak.

Like a flower full of colours but without aroma, are the beautiful but sterile words of the one that does not behave according with what he says.

It is urgent to stop the mechanical words, it is necessary to speak with precision, in conscious and opportune form; we need to become conscious of the word.

There exists responsibility in the words and to judge with the verb is a sacrilege. No one has the right to judge somebody else, it is absurd to calumniate the neighbour, it is stupid to murmur about the other's life.

The injurious words fall sooner or later over us like a ray of revenge. The calumnious words always return over the one that has pronounced them transformed in stones that wound.

The external events never will be as important as the way of how one reacts before them. Do you remain serene before the insulter? Do you receive with pleasure the unpleasant manifestations of your fellow men? How did you react before the infidelity of the beloved one? Did you allow yourself to be carried away by the venom of the jealousy? Did you kill? Are you in jail?

The hospitals, the cemeteries and the jails are full of sincere mistaken ones that reacted in absurd form before the external events. The best weapon that a man can use in life, is the correct psychological state. One can disarmer beasts and unmask traitors through the appropriated internal states. The internal mistaken states, convert ourselves in defenceless victims of the human perversity.

Learn to confront the most unpleasant events of the practical life with an appropriated internal attitude. Do not become identified with any event, remember that everything pass. Learn to see the life like a movie and you will receive the benefits. Do not forget that events without any value could lead you to the misfortune if you do not eliminate from your psyche the mistaken internal states. Each external event needs undoubtedly, the appropriated bill, that is to say, the precise psychological state.

The word has to come from the heart, not from the different psychological aggregates that we have. With profound pain I realize that when somebody speaks, the words unfortunately come not from the depths of the Being, but from any inhuman psychological aggregate.

The word that comes exclusively from the Essence, would not have anything to be objected for: it would be pure and perfect, however, people have different psychological aggregates very developed. Therefore, when somebody speaks from the "tribune de la eloquence" almost all the time he does so with the intention to use the irony against somebody, to humiliate somebody, to insult, etc. That is to say, the word does not come from the pure Essence, does not come from the Being but from the depths of any "I" and for this reason is not spontaneous, is not pure, does not produce a creative effect.

Normally the words among the people have for origin the entrails of any psychological aggregate, like the envy, the anger, self-esteem, pride, presumption, ambition, etc. With pain I see that they do not come from the entrails of the Being and that is unfortunate!

When the word comes from the depths of the Being, the word is full of plenitude and inner beauty. However, when the word comes from the entrails of any psychological aggregate, is conditioned by that "I", does not have elasticity, ductility, does not enjoy the plenitude, it is not integral and produces discord and any kind of problems.

The devout ones go to their meetings in order to receive a balsam, a consolation for their painful heart. However, what consolation they could get? How an institution could progress if we continue with that behaviour? The tendency to react that people have, is horrible and absurd; people do not own their psychological processes, if they are contradicted, they react, always react against everything.

Do not forget that we live in the physical world and that there exist three classes of nourishments. You already know the first nourishment: it is the food, besides, it seems a lie but is the less important. As a proof of this is the fact that one can live without eating many times until one month, Mahatma Gandhi used to last three months without aliments. This nourishment enters through the mouth and goes to the stomach.

The second class of nourishment is the air, it is the breathing that is related with the fosas nazales and lungs. We hardly would live even three or four minutes without breathing. People normally can stay a minute without breathing but after that comes the stroke. With training we could reach two, three or four minutes, but are very rare the cases of those that can live after being without breathing during certain time. This indicates that the second nourishment is even more important than the first one.

Finally, comes the third nourishment that is even more important. I want to point emphatically the impressions. If the food could not impress the human organism, the intestinal lobule would not work, nor the stomach and we would die. If the air could not impress the lungs and the blood, the air would be useless. Yes, my dear brothers, the third

nourishment is the most important because no one could exist, not even a single second, without the nourishment of the impressions.

Every nourishment needs to pass through a transformation. The nourishment related with the stomach, needs to pass through a transformation, this is possible thanks to the digestive system. The nourishment related with the breathing, has as vehicle of transformation, the lungs; however, there are not lungs that could transform the third nourishment: It is necessary to create that organ!

Everything that reaches the mind comes as impressions. You are listening and see a man that is speaking through the microphone, and all of this is a conjunct of impressions that reach the mind. All the emotions and passions, everything around, come to us in form of impressions.

The air is transformed through the lungs, the food is transformed through the stomach, air and food are transformed in principles that are vital for the organism.; however, unfortunately the impressions are not transformed and reach the mind not being digested. The not digested impressions are transformed in new psychological aggregates, that is to say, in new "I's" and that is really serious.

It is necessary to digest the impressions. How? Through the Superlative Consciousness of the Being. Normally the impressions reach the mind and this one reacts. If somebody insults us, we react with desires of revenge; if somebody offers a cup of wine, we react with desires of drinking; if a person of the opposite sex tempts us, we feel desires of fornication. We always react before the impacts of the external world, and that is serious.

In the assemblies, I have seen how the people hurt one to, each others. One says a word and the one that feels alluded reacts violently, saying something worst. Sometimes, what they say is not something vulgar but subtle, decent and accompanied with a smile, however, at the bottom carries the frightful venom of the violent reaction.

There is not love among the people, they have forgotten their own Being and only live in the world of the Ego, in the world of the reaction. When one forgets his own Being, reacts violently. If one forgets his own Being before a bottle of wine ends up drunk; if one forgets his own Being before a person of the opposite sex, ends up fornicating; if one forgets his own Inner Profound being before an insulter, one ends up insulting. The most serious thing in life is to forget oneself.

Therefore, it is necessary to transform the impressions and this only could be possible interpose the Being between the different vibrations of the external world and the mind. When one interposes the Consciousness between the impressions and the mind, it is obvious that the impressions are transformed into forces and powers of superior order.

Normally the impressions are formed by a very heavy hydrogen: the hydrogen 48. When one interposes the Consciousness between the impressions and the mind, the Hydrogen 48 is transformed in Hydrogen 24, that helps as nourishment for the Astral body.

In the same form, the left over of the Hydrogen 24 is transformed in Hydrogen 12 that helps as nourishment for the Mental body. Finally, the left over of the Hydrogen 12 is transformed in Hydrogen 6 that helps as nourishment for the Causal body. However, if one does not transform the impressions, these ones are transformed in new psychological aggregates, new "I's."

We have to transform the impressions using the Consciousness and it is very easy to interpose the Consciousness between the impressions and the mind. In order to receive the impressions with the Consciousness and not with the mind, only is necessary not to forget ourselves in a determined moment. If somebody in any moment says something that hurt the self-esteem, the pride, vanity, etc., in those moments only the Being has to be in us.

We have to concentrated in the Being, so only the Being, the Superlative Consciousness of the Being, will be the one that receives the impressions and digest them correctly. In this form are avoided the horrible reactions that everybody have before the impacts that comes from the external world; in this form the impressions are completely transformed, and once transformed, they develop ourselves marvellously.

My friends, I repeat: do not repeat the mistake of reacting violently against the neighbour; desist once and for ever from the horrible tendency to react. If somebody says something, so be it; however, why his neighbour has to react? Everybody is free to say what they want. About myself, I affirm what I have to say, and if somebody refute me, and says the opposite of what I have said in a lecture about a problem that we could have, I just keep silent. I already said, and that is all.

Why do you want to impose your opinion by force? That is absurd!

To impose the opinion by the force it is the result of the reactions, is the very reaction of the Ego, of the mind. That behaviour is abominable, and has created problems in all the institutions of the world.

Everywhere, the tribune is used for insulting, hurt, attack others with the words and this is producing confusion in many organizations.

INVERENCIAL PEACE

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